



St. Mary's Catholic Church

Parish Information

2011-12

St. Mary's Catholic Church

310 South Royal Street, Alexandria, Virginia 22314

Rectory

310 Duke Street, Alexandria, Virginia 22314

Phone: 703-836-4100; Fax: 703-549-3605

Web site: www.saintmaryparish.net

Web comments/questions: web@saintmaryparish.net

Lyceum

313 Duke Street, Alexandria, Virginia 22314

The Sam Adams House (the "White House")

314 Duke Street, Alexandria, Virginia 22314

St. Mary's Cemetery

1000 South Washington Street, Alexandria, Virginia 22314

Welcome to St. Mary's Catholic Church. St. Mary's was established in 1795, and is the oldest Catholic parish in the Commonwealth of Virginia. To fund the Church, Colonel John Fitzgerald, friend of George Washington and an early mayor of Alexandria, took up a collection. According to local tradition, Washington himself made the first donation.

A chapel was built at the south end of the city on land still used today as St. Mary's Cemetery. In 1810, the Church moved to its present location in the heart of the city at 310 South Royal Street. Throughout the 1800s, St. Mary's Church has played an important role in the growth of Catholicism in Virginia. The many mission churches which St. Mary's established have gone on to become independent parishes within the Diocese of Arlington. Today St. Mary's Church has more parishioners than Alexandria had residents when the City was founded.

When visiting Alexandria, please visit St. Mary's Church and worship with us. If you have any questions regarding our parish, or if you live within our parish boundaries and wish to become a parishioner, please do not hesitate to contact the Rectory.

Parish Staff

Reverend Father Dennis Kleinmann, Pastor
Reverend Father Robert L. Ruskamp, Parochial Vicar
Reverend Father Michael J.R. Kelly, Parochial Vicar
Reverend Father Jean Claude Atusameso, In Residence

Mrs. Beth Copps, x11, beth.copps@verizon.net

Mrs. Naomi Roberts, x15

Miss Emily Liutkus, x10

Mrs. Mayra Saunders, x18

Appointments are made with priests by calling the Rectory and leaving a message for the priest.

St. Mary's Office of Religious Education
and Junior High, High School and Young Adult Outreach
Jeanne Guerin, Director of Religious Education,
703-836-5450, saintmarydre@gmail.com
Director of Young Adult and Youth Activities,
571-319-1975, saintmarysparishyouth@gmail.com

Dr. Charles Saik, Director of Music, 703-684-5308,
csaik1949@verizon.net

St. Mary's School

400 Green Street, Alexandria, Virginia 22314
Phone: 703-549-1646; Fax: 703-519-0840
Stephens Hall (Middle School)
Phone: 703-549-3488; Fax: 703-549-3489
Web site: www.smsva.org
Mrs. Janet Cantwell, Principal

Extended Day (after school until 6:00 p.m.):
Steve Scalsky, 703-628-2337

St. Mary's Church Parking Lots

Three parking lots are available during Masses and other church services:

- Corner of Wolfe and South Royal Streets – Enter from Wolfe Street
- Corner of Duke and South Fairfax Streets – Enter from South Fairfax Street
- South Pitt Street (between Duke and Wolfe) – Enter from the middle of the 300 block

Park in one of the lots or in available public spaces on the street. Please do not park in the alley next to the lot on South Pitt Street, and do not block any driveways, or your car may be towed. St. Mary's rents out spaces to private persons and organizations from 9:00 a.m. until 5:00 p.m., Monday through Friday. Unauthorized vehicles parked in the lots during those times (except during Mass times) are subject to towing.

Boundaries of St. Mary's Parish

Beginning at Fort Hunt Road and Morningside Lane:
East on Morningside Lane to the Potomac River
North along the river to Princess Street (in the city)
West on Princess Street to Washington Street
South on Washington Street to King Street
West on King Street to the RF&P RR tracks
North along the tracks to Luray Avenue
West on Luray Avenue to Braddock Road
West on Braddock Road to Oakland Terrace
South on Oakland Terrace to King Street
West on King Street to Janneys Lane
West on Janneys Lane to Quaker Lane
South along Quaker Lane to Duke Street
West on Duke Street to Holmes Run Parkway
South on Holmes Run Parkway to the RF&P RR tracks
East along the tracks to Telegraph Road
South on Telegraph Road to North Kings Highway
Southeast on North Kings Highway to Fort Drive
Follow Fort Drive to Fairhaven Avenue and across U.S. Route 1
Continue south on Quander Road to Beacon Hill Road
East on Beacon Hill Road to Fort Hunt Road
South on Fort Hunt Road to Morningside Lane

Masses and Devotions

Sunday Masses

Saturday 5:00 p.m. Vigil Mass

Sunday 7:00 a.m.

8:30 a.m. [Contemporary Choir](#)

9:15 a.m. [Children's Mass](#) in St. Mary's School gym during the school year.

Children of reading age are invited to participate in the children's choir during this Mass. Practice begins at 8:45 a.m.

10:00 a.m. [Traditional Choir](#)

[Nursery](#) for children ages 1-4 in the St. Joseph room of the Lyceum.

First Sunday of the month: Novus Ordo (New Rite) Latin Mass.

11:30 a.m. Alternate weeks: Schola – a group of cantors who enhance the Liturgy by singing chant and polyphony from the Church's rich treasury of sacred music.

1:00 p.m.

5:00 p.m.

Daily Masses

Monday through Friday: 6:30 a.m., 8:00 a.m.*, 12:10 p.m.

Holy Days of Obligation which fall on weekdays include 7:30 p.m. Masses on the holy day and the previous evening (except Sundays).

Saturday: 8:00 a.m.* only

Federal Holidays: Please see the bulletin for the schedule of Masses.

Thanksgiving Day: 10:00 a.m.

* [Rosary](#) begins 20 minutes prior.

The Mass in Latin (1970 Missal)

The regular 10:00 a.m. Mass on the first Sunday of the month is celebrated in Latin. This form of Mass is the regular Mass most Catholics are used to (“Novus Ordo,” or “Ordinary Form of the Roman Rite”).

Adoration of the Blessed Sacrament

Thursdays, 12:40 – 7:30 p.m.

First Fridays: [Nocturnal Adoration Society](#) members lead prayers from the Office of the Blessed Sacrament during each hour of the night, beginning at 9:00 p.m. (Exposition) and ending at 6:00 a.m. (Benediction).

Devotions

Forty Hours: Beginning after the 7:30 p.m. Mass on December 6 until the 7:30 p.m. Mass on December 8 (Feast of the Immaculate Conception)

Holy Hour for Life: First Saturday, following the 8:00 a.m. Mass

Miraculous Medal Novena: Mondays, 12:00 noon

Mother of Perpetual Help Novena and Holy Hour: Thursdays, 7:30 p.m.

Stations of the Cross: Fridays during Lent, 7:30 p.m.

Vespers: Sundays, 4:30 p.m.

Sacraments

Baptism

Every Sunday at 2:15 p.m. Please call the Rectory at 703-836-4100 to register in advance and obtain regulations concerning godparents, etc. Baptism classes for parents are held on the first Thursday of every month at 7:30 p.m. in the St. Joseph room of the Lyceum for those having a child baptized at St. Mary's. These classes are required for your first child. No prior registration is necessary, just sign in upon your arrival. Adults interested in being baptized should enroll in the [RCIA](#) program.

Penance (Confession)

Saturday 4:00 – 5:00 p.m., 7:00 – 7:30 p.m.

Thursday 7:30 p.m. (during Holy Hour)

First Saturday 8:30 a.m. (during Holy Hour)

Monday through Friday after the 12:10 p.m. Mass until the line runs out

Eucharist

See the [Mass schedule](#). Those who are physically unable to attend Mass may call the Rectory at 703-836-4100 to arrange a visit by a minister of Holy Communion.

First Holy Communion: Students of St. Mary's School and CCD programs make their First Communion in the 2nd grade. For more information, contact Director of Religious Education Jeanne Guerin, 703-836-5450, saintmarydre@gmail.com. Adults interested in receiving First Holy Communion should enroll in the [RCIA](#) program.

Confirmation

Conferred on 8th-grade students of St. Mary's School and CCD programs. For more information, contact Director of Religious Education Jeanne Guerin, 703-836-5450, saintmarydre@gmail.com. Adults interested in receiving the Sacrament of Confirmation should enroll in the [RCIA](#) program.

Matrimony

Contact a parish priest at least six months before the possible wedding date. Weddings are scheduled on Saturdays between 10:00 a.m. and 4:00 p.m. Marriage preparation classes begin at least six months prior to the date of wedding. All couples are required to take the [FOCCUS](#) Pre-Marriage Inventory Test as part of marriage preparation. The FOCCUS test is administered on the first and second Tuesday of every month at 7:30 p.m. in the Lyceum on the first floor. Registration is not necessary and there is no charge. Both parties should be present to take the test. For further information, contact 571-319-1975, saintmarysparishyouth@gmail.com. Couples living together will be asked to live separately during the marriage preparation time. Attendance at a wedding music seminar is also strongly encouraged.

Wedding music workshops are held on the third Tuesday of odd-numbered months (January, March, May, July, September and November) at 7:00 p.m. in the choir loft. For more information, contact Director of Music Dr. Charles Saik, 703-684-5308, csaik1949@verizon.net.

For information on floral arrangements for weddings, please contact the [Mary Martha Guild](#) at least three months in advance to coordinate wedding flowers.

Holy Orders

Speak with a parish priest or contact the Diocesan Office of Vocations, 703-841-2514.

Anointing of the Sick

Contact the Rectory at 703-836-4100 to arrange for the reception of this Sacrament.

Parish and Diocesan Groups and Activities

AA Meetings

Tuesday nights, 7:00 – 8:15 p.m. in the St. Joseph room in the Lyceum, and on Fridays 1:00 – 2:00 p.m. and 8:00 – 9:00 p.m. in the St. Joseph and St. Joachim rooms in the Lyceum.

AlAnon

Support group for alcoholics and their family members. Meets in the St. Joseph room in the Lyceum, Sundays at 6:00 p.m. for parents of alcoholics and at 7:15 p.m. for family members of alcoholics.

Adoptions

Adoption home studies, assistance for unwed mothers, and placement of children. Catholic Charities Children's Services, 5284 Lyngate Court, Burke, VA 22015; 703-425-0100; Teresa McDonough.

Adoration of the Blessed Sacrament

Quiet prayer time before the Holy Eucharist. Sign up for an hour or stop in and visit our Lord. Thursdays 12:40 – 7:30 p.m. Mary Stier, 703-768-7167.

Adult Education (“Sermon on the Mount”)

Wine and cheese social followed by talk and discussion, Tuesday evenings periodically from 7:30 – 9:00 p.m. in the Lyceum auditorium. Help set up and host food and drinks. Jeanne Guerin, 703-836-5450, saintmarydre@gmail.com.

ALIVE Inc. (Alexandrians Involved Ecumenically)

A consortium of over 40 local congregations organized to assist the needy of the community. ALIVE offers a child development center, food and furniture distribution, and an emergency short-term shelter facility. Volunteer your time or goods, or to drive and pick up and drop off furniture for the poor. Diane Johnston, 703-768-4686, or the ALIVE office, 703-836-2723.

Altar Servers

Young men in the 5th through 12th grades who assist the priests during weekend Masses and occasionally on weekdays and feast days. For scheduling information, contact Mayra Saunders, 703-836-4100 x18.

Annulment

Contact a parish priest for details after divorce paperwork is complete.

Arlington Catholic Herald

Weekly diocesan newspaper. Submit a story idea or coming event, or send a letter to the editor. To advertise: 703-841-2594; to subscribe: 703-841-2565. 200 N. Glebe Road, Suite 600, Arlington, VA 22203; 703-841-2590, fax 703-524-2782, www.catholicherald.com.

Baptism Bibs

Make bibs for Baptisms at St. Mary's. Lupe Morken, 703-765-3632.

Bereavement Committee

Coordinates receptions in the Lyceum after funerals at St. Mary's. Members volunteer to bake, prepare food, set up, serve and/or clean up, enabling the family to spend time with relatives and friends. Expenses are reimbursed by the parish. Kitty Guy, 703-765-9478; or Margaret Susank, 703-706-8095, susank02@comcast.net

Boy Scouts (Troop 301) – see [Cub Scouts](#)

Boys / Girls Club

7th- and 8th-graders meet 3:00 – 4:30 p.m. on alternate Wednesdays during the school year in Christ Child Hall at St. Mary's School. Contact the Office of Religious Education, 703-836-5450.

Carpenter's Shelter

Provides services to the homeless of Alexandria, promoting lifelong self-reliance. Coordinates five major programs including day shelter, overnight winter shelter, after-school child care, transitional family shelter, and housing. Help with stocking their pantry for regular giveaways or preparing food. 930 N. Henry Street, Alexandria, VA 22314; 703-548-7500, www.carpentersshelter.org; St. Mary's contact: Barbara Halicki, 703-370-7026.

Catholic Charities of the Diocese of Arlington

Administrative offices: 200 N. Glebe Road, Suite 506 Arlington, VA 22203; 703-841-3830, fax 703-841-3840, www.cdda.net. Family services professional counseling centers located in Arlington, Burke, Leesburg, Manassas and Sterling; main office: 3838 Cathedral Lane, Arlington, VA 22203; 703-841-2531.

Catholic Daughters of the Americas

Women's group for all ages and states of life that strives to serve the parish and the Church at large through various services, events, fundraisers, and spiritual outreach. Court Kavanaugh No. 54 meets on the second Monday each month at 7:30 p.m. and sponsors and coordinates Lenten Soup Suppers in the Lyceum each Friday during Lent (except Good Friday) from 5:30 – 7:00 p.m. Also sponsors education awards in local Catholic elementary schools and a high-school scholarship for 8th-grade graduates of St. Mary's School. Helen Lynch, 703-582-5722, helenlynch21@gmail.com; Betty McAndrews, 703-765-2447, bettymcandrews@msn.com.

The Junior Catholic Daughters is the youth program of the Catholic Daughters of the Americas. The JCDA Court at St. Mary's Parish is open to all Catholic girls in grades 2-12. The primary goal of the JCDA is to promote the spiritual growth of our girls and encourage their service to others in our parish and community. The JCDA meets on the second Friday each month 3:30 – 5:15 p.m. Collette Shotton, cshottonsq@gmail.com.

CCD Teacher/Aide/Volunteer

Religious education for students in kindergarten through high school. Volunteer as a CCD teacher or aide on Sunday mornings from 10:00 – 11:15 a.m. Pass on the faith to children or assist in various other ways. Jeanne Guerin, 703-836-5450, saintmarydre@gmail.com.

Children's Mass

Play accompaniment, sing, lector, assist in helping children sing along at the 9:15 a.m. Sunday Mass in St. Mary's school gym. Music and overall coordinator Claire Schwab, 703-615-9495, cschwab@claireschwab.com. Liturgical closet keyholders arrive at 8:30 a.m. to set up altar, music stands, chairs, etc. Earl Carlo, 703-317-1772, ecarlo@cox.net.

Choir (Contemporary)

Sing or play an instrument in the contemporary choir at the 8:30 a.m. Sunday Mass. Practice Tuesdays 7:00 – 8:30 p.m. in the Church. Vocal auditions not required. Claire Fallon, 703-683-2509, cla.fallon@comcast.net.

Choir (Traditional)

Sing in the traditional choir, play an instrument, or lead as a cantor at the 10:00 a.m. Sunday Mass. Practice Wednesdays 7:30 – 9:00 p.m. in the Lyceum auditorium. Auditions held for cantors. Music Director Dr. Charles Saik, 703-684-5308, csaik1949@verizon.net.

Christ House

Operated by Catholic Charities to provide food and clothing for the poor and homeless. Christ House accepts clothing, blankets, towels, toiletries, and usable coats. Volunteers help coordinate, prepare, and serve food. 131 S. West Street, Alexandria, VA 22314. Shelter 703-549-8644; Financial Assistance 703-548-4227; Food 703-841-3838; fax 703-683-1748; www.cdda.net/programs_christhouse.php. St. Mary's contacts: Rita Meyer, 703-768-3482, or Janet Watkins, 703-836-1265.

Christmas Bazaar

Takes place each year on the Saturday before Thanksgiving; a preview party is held at St. Mary's School on the Friday night preceding.

Christmas Tree Sale

Held in the school parking lot in early December.

Colin Casey 3K Classic

This "fun run" kicks off the annual Spring Fling and is held in remembrance of Colin Casey, son of retired St. Mary's teacher Mary Casey and Michael Casey. A popular, outstanding scholar and athlete, Colin died on June 16, 1991, days after his 8th-grade graduation. All proceeds benefit the Colin Casey Scholarship Fund which provides financial assistance to St. Mary's students.

Cub Scouts (Pack 301)

Parish boys grades 1-5 meet on the third Thursday of the month in the Lyceum. More information at www.pack301stmarys.org. Cubmaster Bill Cowardin, 703-619-9521, wcowardin@alionscience.com.

Cursillo

A movement that through God's grace enables the essential realities of the Christian to come to life in the uniqueness, originality, and creativity of each person. Weekend retreats, follow-up conferences, and free Catholic literature are offered. The Cursillo Movement, P.O. Box 210226, Dallas, TX 75211; www.natl-cursillo.org.

EWTN (Eternal Word Television Network)

Catholic Q&A, Catholic Document Library, Audio Library, Catholic News, daily Catholic podcast. 205-271-2900, www.ewtn.com.

Extraordinary Ministers of Holy Communion

Distribute the Eucharist at Masses. Emma Lopo-Sullivan, 703-360-6032.

Finance Committee

Put your financial talents at the service of the parish. Don Ross, 703-660-9319, dross32@cox.net.

Flowers – see [Mary Martha Guild](#)

FOCCUS

Marriage survey test given to engaged couples on the first and second Tuesday each month at 7:30 p.m. in the Lyceum. See [Sacraments – Matrimony](#) above for more information. 571-319-1975, saintmarysparishyouth@gmail.com.

Franciscan 3rd Order (Secular Franciscans)

Meets the second Saturday each month, 11:00 a.m. – 2:00 p.m. in the St. Joseph room in the Lyceum. Visitors interested in Franciscan spirituality are welcome. SFO secretary Ann Corro, 703-370-3664; Fr. Edward Horkan, interim spiritual assistant.

Girl Scouts

Grades 1-8. Ann Koontz Munis, 703-317-0015, annkoontz@aol.com.

Good Shepherd Housing and Family Services

For singles and families struggling to make ends meet: finding apartments; budgeting; life skills counseling; emergency services; grants and referrals to pay utilities, security deposit, or first month's rent; avoid eviction. 8305 Richmond Highway #17B, Alexandria, VA 22309; 703-768-9404, www.goodhousing.org.

Jail Visitation (Alexandria City)

Ministry to the local imprisoned, sharing with them the basic Gospel message and the Catholic faith, and bringing them the sacraments. Wednesdays at 1:00 p.m. Chris Lewis, 703-360-7214, 703-204-1092, jplewis@lasystems.com.

Junior High and High School Youth Ministry

Work with parish Junior High and High School teens in a variety of ways to pass on the faith. Help chaperone, be part of youth nights, retreats, trips and activities. Meets most Sundays 6:30 – 8:30 p.m. in the Lyceum auditorium, with various other activities on weekends throughout the year. Formerly the Catholic Youth Organization (CYO). 571-319-1975, saintmarysparishyouth@gmail.com.

Knights of Columbus

Men's group serving the Church and parish through leadership, volunteering, fundraising, defense of the faith, and assistance to the priests. St. Mary's is part of the local council formed in the early 1900s which is the second-oldest council in Virginia. Meets second Wednesday each month (social meeting fourth Wednesday), 8:00 – 9:30 p.m. in the Lyceum. Grand Knight Alfred Flowers, 703-347-2175, flowiefmb@aol.com; Deputy Grand Knight Thomas Noon, 703-341-6633, noonunits@yahoo.com.

Lectors

Read the readings and intercessions at daily and/or Sunday Masses. Training is provided. Beth Copps, 703-836-4100 x11, beth.copps@verizon.net.

Legion of Mary

Association of Catholic laity focused on devotion to Mary serving the Church through a balanced program of prayer and service. Works include door-to-door evangelization, parishioner visitation, prison ministry, visitation of the sick or aged, crowd contact, religious education, visiting the newly baptized, Pilgrim Virgin Statue rotations, and meeting the other spiritual needs of the parish community. Meets Mondays at 7:35 in the St. Joachim room in the Lyceum. www.legionofmary.org. Fidel Delgado, 703-721-9677, delgado-market-designs@cox.net.

Lessons and Carols

The annual pre-Christmas concert with the parish and children's choirs is held on the third Sunday of Advent at 7:30 p.m. in the Church.

Liturgy of the Hours

Apostolate web site for praying the Liturgy of the Hours without the book. Just open the file for the morning or evening prayer or the Office of Readings and pray. The prayers are available in Adobe Acrobat formats that print as booklets, display on PCs and mobile devices, and to “Read Out Loud” on PCs. www.liturgyhours.org.

Marriage Encounter / Retrouvaille

National movement aimed at marriage renewal and growth through retreats, and by older and younger couples fostering friendships. Couples involved participate and help lead retreats as well as develop relationships with other couples.

Marriage Encounter: Friday night to Sunday afternoon, away from it all reconnecting with your spouse and a chance to renew your vows on Sunday morning. www.WWME.net.

Retrouvaille (“rediscovery”): for those marriages already in trouble, a weekend retreat plus extra meetings to follow up. 703-351-7211, www.rc.net/arlington/retro/.

Mary Martha Guild

Prepares and maintains the Church for liturgical and sacramental events, including Confirmation, First Holy Communion, funerals, weddings, and the holy seasons of Christmas and Easter. For more information, contact Mary A.D. Petrino ASID, 703-683-8877, mary.petrino@gmail.com. For funeral flowers, contact Julee Gately, 703-329-1656, juleegately@gmail.com. For wedding flowers, couples who will be married at the Church must coordinate floral arrangements at least three months before the wedding date. Floral donations of arrangements at the tabernacle or the statues of the Blessed Virgin Mary, St. Joseph, and the Sacred Heart may be made during ordinary time; for general information, contact Lisa Cooper, 703-768-9269, lisazcooper@verizon.net; for available dates and contributions, contact Beth Coppins at the Rectory, 703-836-4100 x11, beth.coppins@verizon.net. For parishioner involvement in Guild activities, contact Julie Stella, 703-781-0101, stella@sprintmail.com.

Meals on Wheels

Two meals each weekday to homebound elderly and disabled people provided by Senior Services of Alexandria. Volunteers needed for two-hours each month to deliver meals. 700 Princess Street, Alexandria, VA 22314; 703-836-4414, www.seniorservicesalex.org.

Money Counters Group

Teams meet once a month on Sunday or Monday mornings to open collection envelopes, count, record, and prepare the collection money from weekend Masses for deposit. Pat Malvaso, 703-360-8525, cell 703-362-8529, pjmalvaso@aol.com.

Mothers and Children Prayer Group

Meets first and third Fridays, 10:00 a.m. – 11:00 a.m. in the Church. Adoration, prayer and songs for all moms and kids. Fr. Ruskamp hears confessions. Social playtime follows in the Lyceum or a nearby park. Barbara Dwyer, 703-838-2024.

Mothers Group

Meets Mondays at 9:30 a.m. in the St. Joseph room in the Lyceum. Mary Costello, 703-549-2065, marywestervelt@yahoo.com; or Shamus Ozmen, shamusozmen@gmail.com.

Nursery

Help supervise young children (ages 1-5) in the Lyceum while parents attend the 10:00 a.m. Sunday Mass. Amy Bruce, 703-360-3869, akbruce@cox.net.

Nocturnal Adoration Society

Worldwide archconfraternity of Catholics who pray the Office of the Blessed Sacrament on the First Friday of each month, beginning with Exposition at 9:00 p.m. and ending with Benediction at 6:00 a.m. on Saturday. For membership information, contact NAS Deanery II President Jeffery P. Petrino, 703-683-8877, NASDeanery2@gmail.com.

Oktoberfest

Parish celebration at the school on the last Sunday of October, 2:00 – 5:00 p.m.

Pauline Books & Media Catholic Bookstore

Tuesday – Saturday, 10:00 a.m. – 6:00 p.m. 1025 King Street, Alexandria, VA 22314; 703-549-3806, alexandria@pauline.org.

Pilgrimage to Italy

Fr. Kleinmann leads this spiritual pilgrimage each spring for newly confirmed 8th-graders and a parent.

Pregnancy Help

HOPE in Northern Virginia Inc. offers friendship, counseling, referrals to community resources, and clothing and other items to assist pregnant women. 610 Park Avenue, Falls Church, VA 22046; 703-536-2020, www.hopeinnova.org.

Marih Center: Crisis pregnancy counseling and supplies, baby clothes, etc. Open Monday – Thursday 10:00 a.m. – 3:00 p.m. and Saturday 10:00 a.m. – 1:00 p.m. for walk-in counseling and pickup of supplies. 3230-B Duke Street, Alexandria, VA 22314; 703-370-4774.

Paul Stefan Home for Unwed Mothers opens the doors of hope for women 17 years and older facing unplanned pregnancy, staffed by professionals and trained volunteers. P.O. Box 754, Locust Grove, VA 22508; 866-908-MOMS, www.paulstefanhome.org.

Project Gabriel: Outreach to expectant mothers, both in the parish as well as the needy and poor in the area. Help meet the needs of mothers before and after they give birth, from food and clothing to transportation, etc. 866-444-3553, or Barbara Furey, 703-360-5724.

Prevention of Blindness Thrift Shop

Accepts donations for sale to support research into causes and treatments for blindness. 900 King Street, Alexandria, VA 22314; 703-683-2558.

Pro-Life Activities

Help plan pro-life Masses, trips to the March for Life and prayer at abortion clinics, and promote general awareness of pro-life issues. A rosary is prayed at a local women's clinic on the third Saturday each month at 8:45 a.m. Mike and Suzan Cummins, 703-683-5449, suzantc@comcast.net.

Project Rachel

Post-abortion healing outreach to mothers who have had an abortion. Call the Rectory, 703-836-4100; or Project Rachel, 703-841-2504, projectrachel@arlingtondiocese.org.

RCIA (Rite of Christian Initiation of Adults)

The process by which unbaptized adults and baptized Christians enter the Catholic Church. One year of preparation involves classes, retreats, etc., with regular sessions on Mondays, 7:30 – 9:00 p.m. in the Lyceum auditorium. A core team of parishioners assists with coordination and sponsoring. Jeanne Guerin, 703-836-5450, saintmarydre@gmail.com.

Retreat Centers

Benedictine: St. Anselm's Abbey, Washington, DC; 202-269-2300, www.stanselms.org.

Benedictine Sisters, Bristow, VA; www.benedictinepastoralcenter.org.

Bon Secours, Marriottsville, MD; 410-442-1320, www.bonsecoursspiritualcenter.org.

Diocesan Retreat Center: San Damiano Spiritual Life Center, 125 Old Kitchen Road, White Post, VA 22663; 540-868-9220, sandamiano@arlingtondiocese.com.

Dominican Retreat House, 7103 Old Dominion Drive, McLean, VA 22101; 703-356-4243, www.dominicanretreat.org.

Franciscan Monastery, Washington, DC; 202-269-5446, www.myfranciscan.org; Retreat: 202-529-1111

Loyola Retreat House, Faulkner, MD; 301-392-0801, www.loyolaretreat.org.

Trappist Monastery – Holy Cross Abbey, Berryville, VA;
www.hcava.org.

Rosary

Held before morning Mass in the Church at 7:40 a.m. Monday – Saturday (20 minutes before the scheduled Mass on federal holidays). Call Sadie Martins, 703-548-8063, to join the list of rosary leaders.

Sacristans

Work with the priests and staff to assist in preparing the altar, sanctuary area, and the various vessels and details for Mass, Holy Hours, etc. Steve Young, 703-838-9225.

Salvation Army

Local units conduct assistance programs for food, utilities, rent, housing, and other needs. 1804 Mount Vernon Avenue, Alexandria, VA 22301; 703-836-2427. Mailing address: The Salvation Army, P.O. Box 2245, Alexandria, VA 22301.

Sanctuary Committee

Takes care of altar cloths and other essential items. Beth Copps, 703-836-4100 x11, beth.copps@verizon.net

Shut-in Visitation

To request a visit for the sick of the parish in nursing homes and shut-ins in private homes, or to volunteer to help, call the Rectory, 703-836-4100.

Singles Groups

PTSC (Prime Time Single Catholics), age 40+; groups.yahoo.com/group/ptscl.

St. Agnes Young Adults, ages 22-35, 1914 N. Randolph Street, Arlington, VA; groups.yahoo.com/group/stagnesyag.

Spes Nostra, ages 21-40, Our Lady of Lourdes Church, 830 S. 23rd Street, Arlington, VA; Jennie Varela, jennie@alumni.ufl.edu.

Society of St. Vincent de Paul

Inspired by Gospel values, this international Catholic lay organization leads women and men to join together and grow spiritually by offering person-to-person service to those who are needy and suffering in the tradition of its founder, Blessed Frédéric Ozanam, and patron, St. Vincent de Paul. The group operates a help line and receives several requests for assistance each week throughout the year. Meets on the first and third Tuesdays 7:30 – 9:00 p.m. in the St. Joachim room in the Lyceum. Meetings consist of group prayer, spiritual reflection, and discussion of requests for assistance. Always working in pairs, volunteers share responsibility for responding to requests for assistance and meeting with the poor in their homes throughout the city of Alexandria (east of I-395). To volunteer, please leave a message for the SVDP president on the help line, 703-836-1724.

Society of the Patricians

Monthly discussion group giving adult Catholics an opportunity to build upon their knowledge of the faith in a prayerful, family setting. Meets on the fourth Saturday each month, 9:00 – 11:00 a.m. in the St. Joseph room in the Lyceum. The topic for each meeting is chosen at the prior meeting and announced in the bulletin. Each meeting begins with a short presentation on the topic prepared and delivered by a member of the group, followed by prayerful and lively discussion. Refreshments are provided. Fr. Kelly serves as Spiritual Director. Sponsored by the [Legion of Mary](#), but LOM membership is not necessary to participate. Linda Melone, 703-725-8526, olofsorrows@hotmail.com.

St. Joachim and St. Anne Society (Seniors Group)

Older men and women meet regularly each month for a combination of spiritual, social, and service events. Bible study meets first Thursday of each month (September – June) in the St. Joseph room in the Lyceum. Mary Ann Rowe, 703-671-1277; Barbara Juszcyk, 703-683-6834.

Sunrise Retirement Home

Bring Communion and visit the elderly of the retirement home, many of whom get few visitors and battle loneliness. Donnie Arenth, 703-765-9421.

TWIG

Thrift shop accepts donations and sells them at a reasonable fee to pay for the Alexandria Hospital bills of the indigent and to improve services at the hospital. 106 N. Columbus Street, Alexandria, VA 22314; 703-683-5544, www.thetwig.org.

Ushers

Parishioners who direct people to their seats and run the collection during all Sunday Masses as well as on feast days and special occasions. Jim Forbes, 703-683-8647.

Victims of Sexual Abuse

Diocesan director of victims of sexual abuse offers counseling services on a sliding scale fee. 703-841-2530.

VIRTUS

Protecting God's children: child sexual abuse prevention program run by the National Catholic Risk Retention Group (www.virtus.org). To become certified to spend time with children of the parish through volunteering at the parish or school, contact the Rectory, 703-836-4100.

Web Site Management

For update requests or to volunteer assistance, contact Dan Scheeler, 703-372-3907, dan@scheeler.org or web@saintmaryparish.net.

Woodbine Rehabilitation and Healthcare

Bring Communion and visit the residents, many of whom get few visitors and battle loneliness. Fridays at 1:00 p.m. Tom Hasbrouck, 703-329-1371; or Donnie Arenth, 703-765-9421.

Work Camp

Currently seeking a stakeholder (person present at camp who oversees everything for St. Mary's), adult volunteers, security volunteers, contractors, and kids. Work camp is one week each summer. 571-319-1975, saintmarysparishyouth@gmail.com.

Young Adults

A group of people (20s-30s) trying to maintain their Catholic faith and support each other in the midst of the fast-paced and secular world that surrounds us. Events include: first Sunday each month, 1:00 p.m. Mass in the Church and brunch; third Friday each month, Holy Hour and socials beginning at 7:30 p.m. in the Church; possible book/discussion group and other things to come. See bulletin or the Facebook group St. Mary's Young Adults; or 571-319-1975, saintmarysparishyouth@gmail.com.

Young Men's Group

For dedicated young men (ages 20-40 or so; married or single) seeking to know, love, and serve God through prayer, brotherhood, and knowledge of the Catholic Faith. Special emphasis on clarifying orthodox and traditional teachings and practices in the context of the challenges of modern, often hostile, culture. Meetings are on the first and third Wednesdays of the month, 7:00 – 9:00 p.m. in the “white house” at 314 Duke Street (next door to the Rectory). Meetings begin with a short period of fellowship and friendly discussion, followed by the Rosary, a directed study of the Sunday Gospel and an open discussion of a current article or issue over pizza and drinks. For further information, contact Fr. Kelly at the Rectory, 703-836-4100.